

COUNSELOR QUESTIONNAIRE

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1. What are your areas of counseling experiences and / or expertise?

I work with people who have clinical depression, anxiety, OCD, Bipolar I with meds managed by a psychiatrist, Bipolar II, Adjustment Disorders including marital problems, and people with a history of schizophrenia with paranoia or hallucinations when also under the care of a psychiatrist.

2. What payments options will you consider?

Payment options include cash and credit, Medicare, various insurances (limited by their willingness to work with LLPs), structured payments of full fees, and reduced fees for those with financial hardship.

3. Do you work with all insurance companies?

Not all insurance companies will remit payments to providers credentialled at the LLP level, and obviously I cannot work with them. Also, a few companies want to reduce my fees below an acceptable level and I cannot do that and feed my family. Other than those, the answer is yes.

4. Do you provide educational counseling that teaches specific skills?

Yes, among other forms of therapy.

5. Are you a member of a religious organization?

Yes.

6. What is your professional training / background? To what professional associations do you belong?

My M.A. is from Western Michigan University's College of Education, Department of School and Counseling Psychology (2000). My M. Div. is from Concordia Seminary, St. Louis, MO (1978). I am a member of the LCMS, and also of the Michigan Psychological Association.

7. Is there any other information that would be helpful?

My primary theoretical orientation is psychodynamic, with active use of systems theory and transactional analysis as appropriate. I am also comfortable with cognitive-behavioural therapy, and use some concepts from Albert Ellis. My supervisor is Marie McKay, Psy.D., LP.